

SOUL VAE

WE OFFER A VARIETY OF HEALTH SERVICES TO IMPROVE
YOUR MENTAL, EMOTIONAL AND PHYSICAL HEALTH





LIFE COACHING

NLP LIFE COACHING
INTERNATIONAL APPROACH
CHANGE YOUR LIFE, BY CHANGING YOUR THINKING
RELEASE NEGATIVE EMOTIONS

GUIDED SUPPORT TO HEALING FROM:

- ANXIETY
- DEPRESSION
- TRAUMA

GOAL SETTING
SOLUTION FOCUSED

R 650 PER 45 MINUTE SESSION





TOUCH FOR HEALTH

TOUCH FOR HEALTH (TFH) IS A COMPLEMENTARY THERAPY WITHIN KINESIOLOGY THAT USES GENTLE TOUCH AND MUSCLE TESTING TO IDENTIFY AND ADDRESS IMBALANCES IN THE BODY'S ENERGY SYSTEM, PROMOTING WELL-BEING AND VITALITY.

R 350 PER SESSION



DETOXING

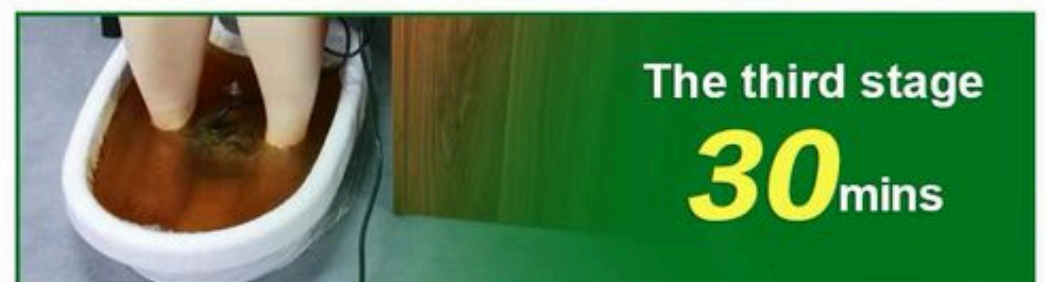
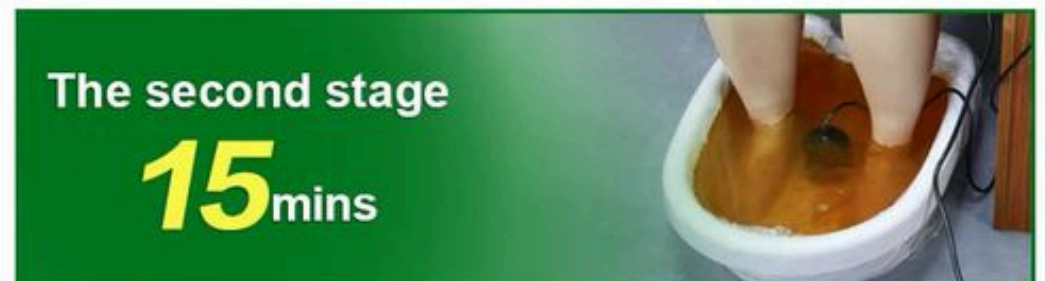
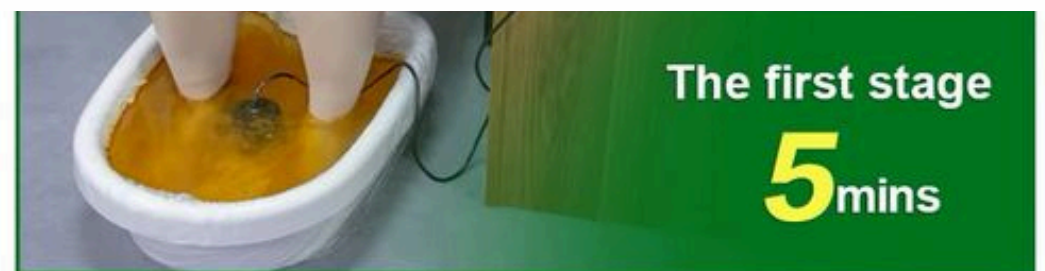
- 30 MINUTE SESSION
- DETOX YOUR BODY WHILE YOU RELAX
- AMAZING HEALTH BENEFITS

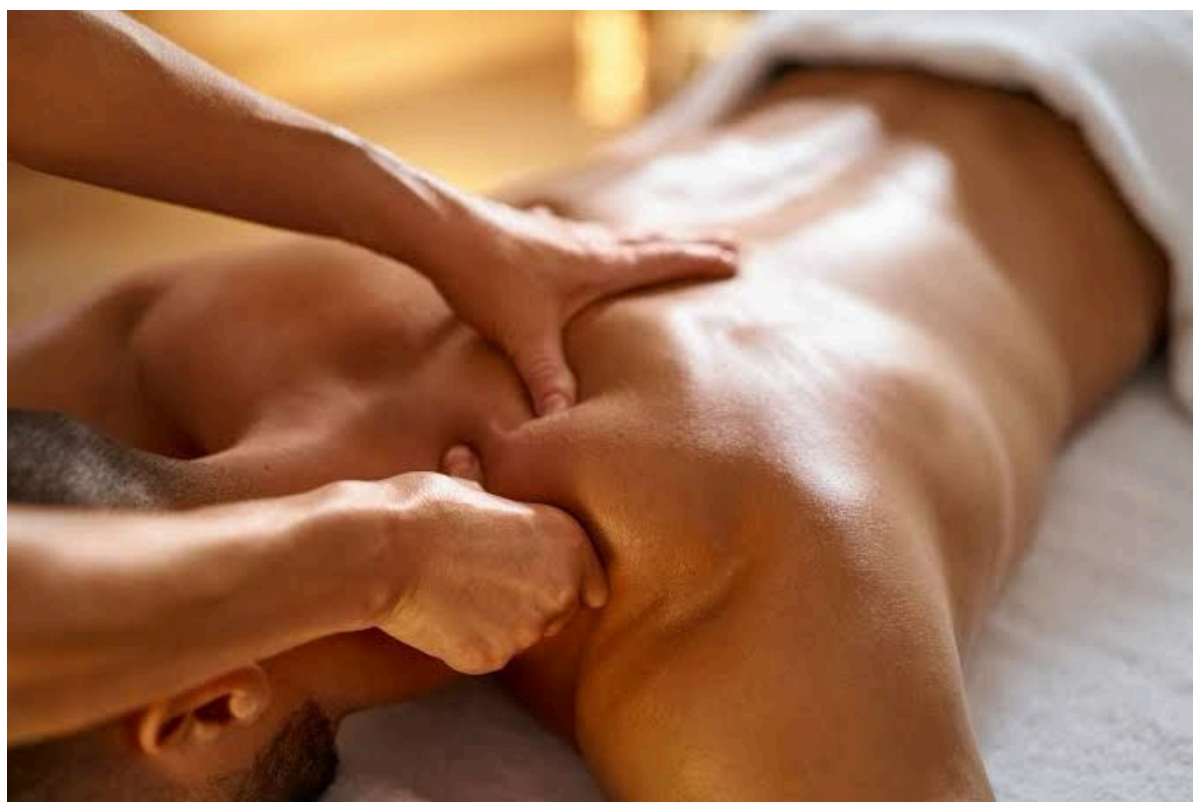
R 300 PER SESSION



What do the colors in your water mean?

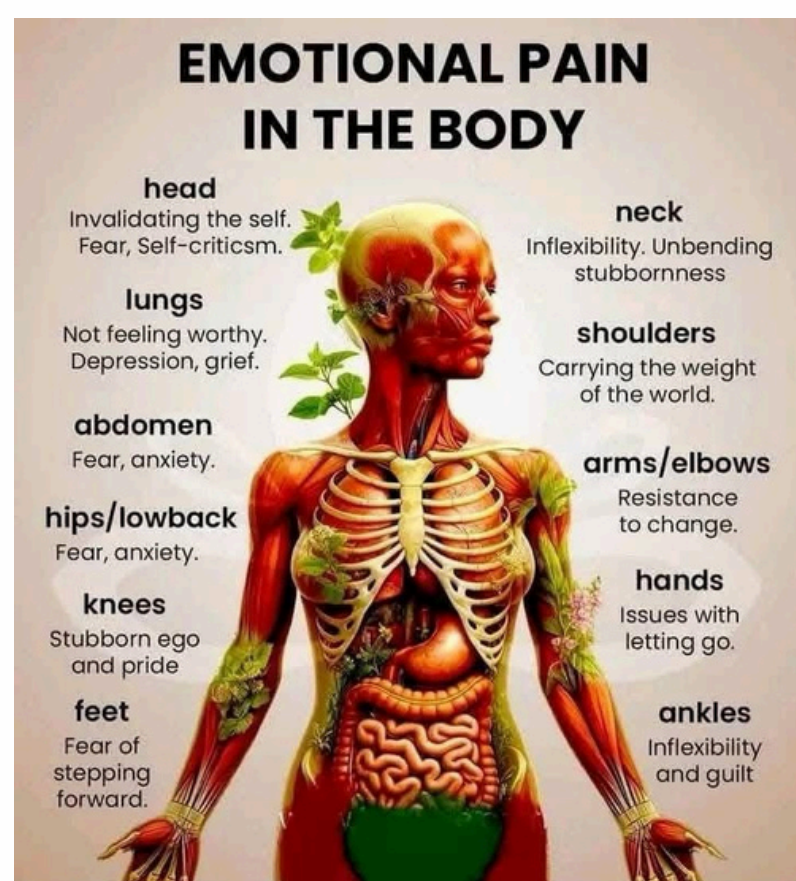
COLOR OF WATER	AREA OF BODY	SYMPTOMS
Yellow-green	Detoxifying from the Kidney, Bladder, Urinary Tract, Female Prostate Area	Gynecological Disorder, Prostate
Orange	Detoxifying from Joints, Arteries	Arthritis, Rheumatism, Gout, Neuropathy, Pleurisy
Brown	Detoxifying from Liver, Lungs, Tobacco, Cellular Debris	Smoking, Second Hand Smoke, Air Pollution
White cheese-like particles	Yeast, GI Tract, Vaginal	Insomnia, Migraine, Candida
Dark Green to Black	Detoxifying from Gallbladder, Liver	Gallstones, Acid Reflux, Weak Immune System, Nausea
Red Flecks	Blood Clot Material	Arterial Blockage, Bruising, Hypertension, Cold Hands/Feet
White Foam	Lymphatic System, Lymph Nodes	Menses Disorder, Lymph Nodes Tender, or Clogged Skin Allergy
Black Flecks	Heavy Metals	Fibro Fog, Chronic Fatigue, Memory Problems

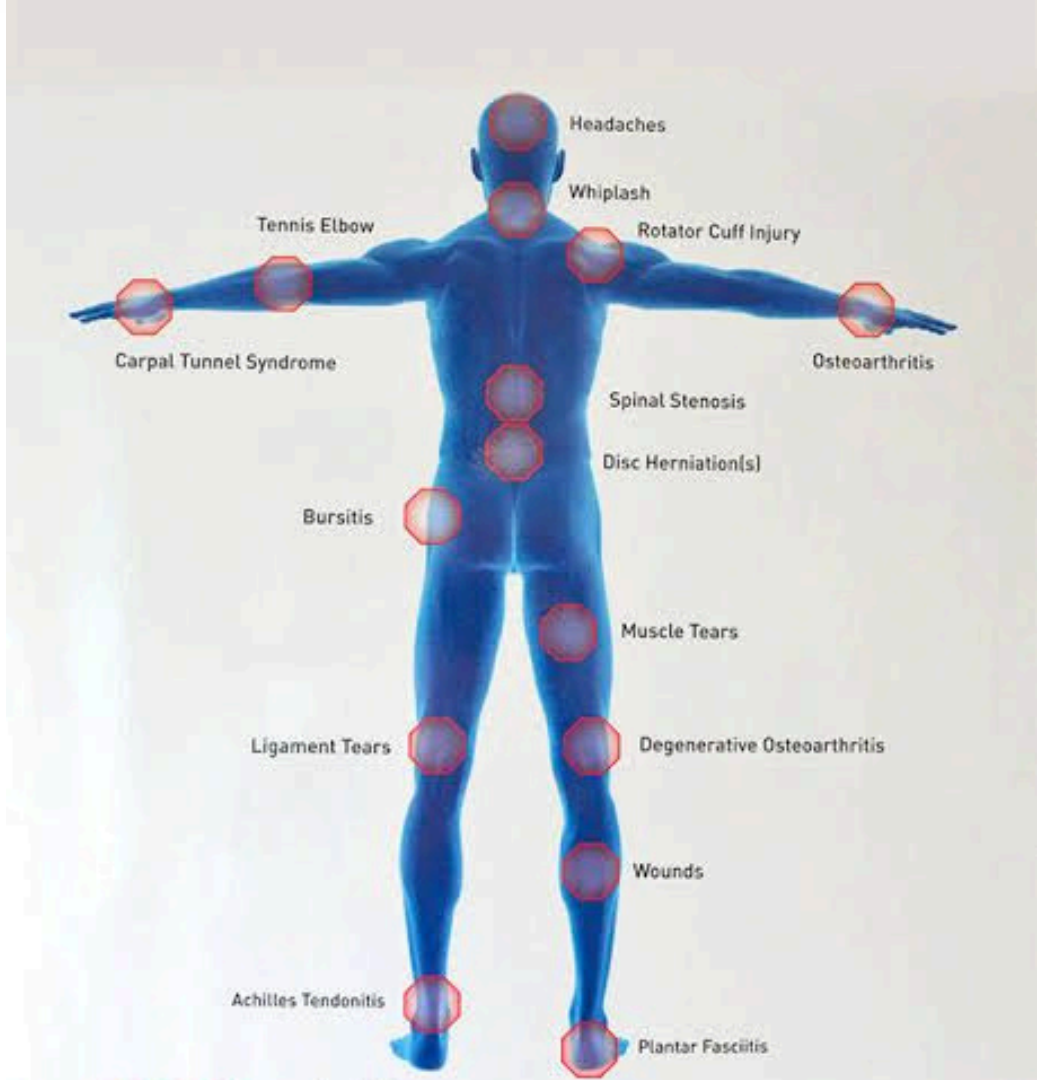




DEEP TISSUE MASSAGE

GET INTO THOSE MUSCLES AND ALLOW YOUR BODY TO HEAL AND RELAX. EASE SPASM & PROMOTE HEALING

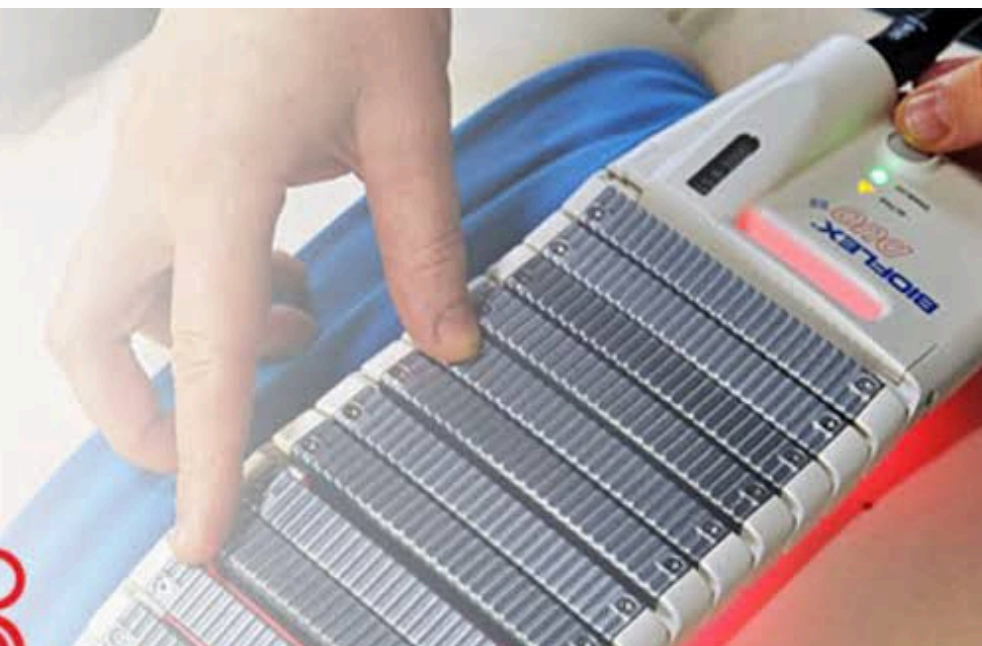




BIOFLEX LASER

ALSO KNOWN AS PHOTOBIO-MODULATION, UTILIZES LOW-INTENSITY LASER LIGHT TO ALLEVIATE PAIN, REDUCE INFLAMMATION, AND ACCELERATE HEALING BY STIMULATING THE BODY'S NATURAL REPAIR PROCESSES.

R 360 PER SESSION



RED LIGHT LASER THERAPY

BOOSTS CELL RECOVERY.

ASSISTS WITH:

- MUSCLE SPASM
- TENDONITIS
- BURSITIS
- CARTILAGE TEARS
- PAIN RELIEF

GET IN
TOUCH
WITH
SAM



Phone: 0844071107

Email: Samcoachnlp@gmail.com

Facebook: Soulvae